

Helen moved to Ontario from the UK in January 2021, after more than a decade working with an exclusive ceremonial and events consultancy, whose speciality was to oversee important public events, broadcast live on national television, synchronised around the world, attended by royalty and seen by millions. Protocol, tradition, ceremony and etiquette were often at the heart of these events, in which absolutely nothing could be allowed to go wrong!

She delivers her classes using her unique blend of good humour, approachability and expertise to ensure her clients are comfortable and relaxed, allowing them to benefit fully from the experience.

